

MAINTAINANCE OF SOFT DENTURE RELINE **(VISCOGEL)**

The temporary reline material is not without its problems, but it is the best available option.

Please keep in mind that this is a soft material and can peel off. As well, it is a porous material which collects bacteria, and needs to be kept as clean as possible.

Gently brush the denture and reline (with a soft bristled toothbrush and toothpaste).

Leave the denture to soak in a mixture of 10 parts water, to 1 part clear alcohol (Ex. Gin or Vodka).

Please be advised that this is a temporary reline only. It is meant to help the fit of your denture while your gums and bone are healing. During the healing process your bone does shrink, and therefore your denture will become loose.

With good care this material can help your denture fit securely until the permanent denture reline has been processed.

In approximately 4 months most of the healing will have occurred and at this time a permanent reline material will be added to your denture.

Be sure to continue eating a healthy diet. (Should chewing or eating become uncomfortable, it is recommended to eat soft foods. Please contact our office, so we can adjust your denture to make eating comfortable again).

Please be sure to contact our office if you should experience any sore spots, and we will schedule an adjustment appointment for you, or if you have any questions or concerns, at 604-826-2960.