



Post Surgical Implant Instructions

- Rest as much as possible.
- Be sure to eat. We recommend the following: milkshakes, meal replacement drinks such as Boost or Ensure(do not use a straw), or soup.
- Take your pain medications when you get home (Ibuprofen 600-800mg every 6-8hrs or Tylenol 3). Also make sure to continue taking antibiotics until finished as prescribed.
- Do not smoke or drink through a straw.
- Do not eat anything hard in the surgical area.
- Before bed gently rinse once with warm salt water. Starting the next day, 2-3 times a day, rinse with a mixture of 1 Tablespoon of salt in a glass of warm water for 2 weeks.